# 2013 Killarney Adventure Race Formguide

This Saturday’s Expert level race has a very strong men’s field with the strong favourite being 2012 Series champion Tim O Donoghue who is listed in the line up but his participation still is in doubt with a lingering recent injury. If he does toe the line he will take all the beating

Last year he had some still competition here but ran out an impressive winner ahead of ultrarunner Paul Tierney who returns to compete again and should be much wiser for his experience of last year.

Top Triathlete Trevor Woods is listed and would be a definite podium contender if he lines up but his participation seems unlikely due to a recent flu.

One not listed in the pre entry list that seems likely to feature up front is triathlete Eric Wolfe who was second to O Donaghue in Killarney and could be suited by this slightly more forgiving course.

Gaelforce north and west winner Adian Mc Moreland looks the pick of the top adv races regulars if O Donaghue fails to make the start and his matchup with Wolfe and Tierney will be an intriguing one. He has good form all season and will know the course well after some training trips down south so could run this pair close and possibly take them with his adv racing experience.

2011 winner Adrian Hennessy (Incidentally the last man to beat O Donaghue in an adv race fair and square – Other time was when O Donaghue got a double puncture and ran half the bike course!) again lines up. He is well suited by this course and will have a good battle for the top 5 positions with triathlete Shane Scadding (9h 43 IM this year) and David Power whilst Dingle AR’s Noel O Leary will be looking to repeat his good 5th place finish here last year. He is reported to be fighting fit on the bike though lack of recent racing and running might cost him a bit in the end.

 Vets battle looks to be a good one again with top mountain runner Tom Blackburn from Limerick probably the favourite ahead of last year’s winner Paul Mahon, Robbie Williams and Pat Dirrane.

The ladies Expert race looks like it could be the setting for a Cork success with Fiona Meade likely to see off the challenge of Connemara’s Marie Boyle, the current Expert Series champion. These pair will be well matched with great biking experience and speed but Meade’s superior climbing on foot should be enough so see her win here against her main rival.

Deirdre Nagle and Yasmin Kenny seem most likely to battle it out for the final podium position.

With the Sport race here deemed too long (3 hr + winning time!) to count in the sport national series, there will be good opportunity to score good Series points in the 27km race which looks wide open.